



# Menu Items




= Fits Into Equivalency

x = Wolf-Approved

Wolf-Approved Items are low in fat and added sugar, high in fiber, with no trans fat.

Equivalency Rates: Breakfast - \$4.50 Lunch - \$5.75 Dinner - \$5.75

	Price	Price with drink	Price with drink and fries (if applicable)	Price with drink and fresh fruit (if applicable)	Wolf Approved (sandwiches are approved without fries and with a DIET drink)
Chicken biscuit	\$2.09	\$3.28	\$4.93	\$3.88	
Bacon biscuit	\$1.75	\$2.94	\$4.59	\$3.54	
Bacon, egg, cheese biscuit	\$2.55	\$3.74	\$5.39	\$4.34	
Sausage, egg, cheese biscuit	\$2.55	\$3.74	\$5.39	\$4.34	
Chicken, egg, cheese biscuit	\$2.89	\$4.08	\$5.73	\$4.68	
Sausage biscuit	\$1.75	\$2.94	\$4.59	\$3.54	
Egg biscuit	\$1.35	\$2.54	\$4.19	\$3.14	
Hash brown	\$0.99	\$2.18		\$2.78	
Chick-fil-a sandwich	\$2.99	\$4.18	\$5.83	\$4.78	
Spicy chicken sandwich	\$3.25	\$4.44	\$6.09	\$5.04	
Chargrilled sandwich	\$3.75	\$4.94	\$6.59	\$5.54	X
8 nuggets	\$2.99	\$4.18	\$5.83	\$4.78	
chicken strips	\$3.29	\$4.48	\$6.13	\$5.08	
Grilled chicken salad	\$5.75	\$6.94	\$8.59	\$7.54	X
Garden salad	\$2.39	\$3.58	\$5.23	\$4.18	X
Southwest chargrilled salad	\$5.75	\$6.94	\$8.59	\$7.54	
Waffle fries	\$1.65	\$2.84		\$3.44	

Fruit cup	\$2.39	\$3.58	\$5.23	\$4.18	X
Cole slaw	\$1.65	\$2.84	\$4.49	\$3.44	
Lemonade	1.45				




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Kaisers	\$3.25	\$4.44	\$6.09	\$5.04	
Pita Sandwiches	\$3.50	\$4.69	\$6.34	\$5.29	
Hoagie Sandwiches	\$3.50	\$4.69	\$6.34	\$5.29	
Parfaits	\$2.99	\$4.18		\$4.78	X
Cereal	\$1.50	\$2.69		\$3.29	X
Oatmeal	\$1.50	\$2.69		\$3.29	X
Fresh fruit	\$0.60	\$1.79		\$2.39	X
Sunrise breakfast tray	\$3.84	\$5.03		\$5.63	
Bagel/cream cheese	\$1.75	\$2.94		\$3.54	
Veg tray	\$3.84	\$5.03		\$5.63	X
Bear claw	\$2.99	\$4.18		\$4.78	
Danish	\$1.95	\$3.14		\$3.74	
Muffin	\$1.85	\$3.04		\$3.64	
Chips	\$0.75	\$1.94		\$2.54	
Sundia fruit cups	\$1.69	\$2.88		\$3.48	X
Dippin stix	\$1.59	\$2.78		\$3.38	X




CAFÉS, COFFEEHOUSES & ROASTERY

	Price	Price with drink	Price with drink and fries (if applicable)	Price with drink and fresh fruit (if applicable)	Wolf Approved (sandwiches are approved without fries and with a DIET drink)
Ham on Kaiser	\$3.25	\$4.75			
Roast Beef on Kaiser	\$3.25	\$4.75			
Italian Hoagie	\$5.59	\$7.09			

Turkey Club	\$3.50	\$5.00			
Chicken Caesar Wrap	\$4.59	\$6.09			
Southwest Chicken Salad	\$3.00	\$4.50			
Hummus Pita	\$3.50	\$5.00			
Grilled Chicken Pita	\$3.50	\$5.00			
Chicken Salad Wrap	\$4.99	\$6.49			
Rattlesnake Bite Fajita Chicken	\$3.50	\$5.00			
Sicilian Wrap	\$5.79	\$7.29			
Veggie Pita	\$3.50	\$5.00			
Grande Coffee	\$2.00				X
Egg and Cheese Sandwich	\$2.50	\$4.00			
Tall Juice	\$2.60				X
Muffin	\$1.85	\$3.35			
Grande Creamosa	\$2.75				
Bagel	\$1.75	\$3.25			X
Yogurt Parfait	\$2.99	\$4.49			X
Asian Chicken Salad	\$3.00	\$4.50			X (w/o dressing)


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8" sub	\$4.59	\$5.78			
4" sub	\$2.89	\$4.08			
Small drink	\$1.19				
Medium drink	\$1.29				

	Price	Price with drink	Price with drink and fries (if applicable)	Price with drink and fresh fruit (if applicable)	Wolf Approved (sandwiches are approved without fries and with a DIET drink)

Custom Salad	\$3.99	\$5.18			
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Add protein	\$5.74	\$6.93			
Grilled Chicken Wrap	\$4.15	\$5.34			
Veggie Wheat Wrap	\$4.15	\$5.34			
Turkey Club Wrap	\$5.34	\$6.53			
Ham and Cheese Wrap	\$4.15	\$5.34			
BBQ Chicken Wrap	\$4.35	\$5.54			
BLT Wrap	\$4.75	\$5.94			
Tuna Wrap	\$3.99	\$5.18			

	Price	Price with drink	Price with drink and fries (if applicable)	Price with drink and fresh fruit (if applicable)	Wolf Approved (sandwiches are approved without fries and with a DIET drink)
Sweet and sour chicken	\$3.97	\$5.16			
Dragonfire beef w/ noodles	\$4.75	\$5.94			
Zesty orange pork with brown rice	\$4.49	\$5.68			
General Tso's Chicken	\$4.49	\$5.68			
Honey Shrimp w/ noodles	\$5.37	\$6.56			
Beef and broccoli	\$4.39	\$5.58			
Sesame Chicken	\$4.39	\$5.58			
Vegetable Egg Rolls	\$1.59	\$2.78			
Asian Salad	\$4.30	\$5.49			
Asian Chicken Salad	\$4.65	\$5.84			
Sushi	\$3.65	\$4.84			X

	Price	Price with drink	Price with drink and fries (if applicable)	Price with drink and fresh fruit (if applicable)	Wolf Approved (sandwiches are approved without fries and with a DIET drink)
Pepperoni	\$3.99	\$5.18			
Cheese	\$3.79	\$4.98			
Meat Lovers'	\$4.19	\$5.38			
Chicken Alfredo	\$3.99	\$5.18			
Veggie	\$3.99	\$5.18			

<b>Specialty</b>	\$4.19	<b>\$5.38</b>			
<b>Cheese Breadsticks</b>	\$3.99	<b>\$5.18</b>			
<b>Campanile</b>	\$4.99	\$6.18			
<b>Mattone</b>	\$4.99	\$6.18			
<b>Venetian</b>	\$5.49	\$6.68			
<b>Campana</b>	\$4.99	\$6.18			
<b>San Marco</b>	\$4.99	\$6.18			
<b>Drinks</b>					
	<b>Price</b>	<b>Price with drink</b>	<b>Price with drink and fries (if applicable)</b>	<b>Price with drink and fresh fruit (if applicable)</b>	<b>Wolf Approved (sandwiches are approved without fries and with a DIET drink)</b>
<b>Naked juice</b>	\$3.29				<b>X</b>
<b>Milk</b>	\$0.69				<b>X</b>
<b>Lemonade</b>	\$1.45				
<b>Small soda</b>	\$1.19				
<b>medium soda</b>	\$1.29				
<b>Bottled water</b>	\$1.49				<b>X</b>
<b>Coffee</b>	\$0.15				<b>X</b>
<b>Ice cup</b>	\$0.25				